

Trinity Lutheran Church

Norman, Oklahoma www.tlcnorman.org

The Third Sunday in Lent

March 8th, 2026





The Third Sunday in Lent
March 8th 2026 8:00 a.m. & 10:30 a.m.
Lutheran Service Book Page 151
Divine Service 1 - Order of Holy Communion

PRELUDE "Jesus, I Will Ponder Now"

Johann Gottfried Walther

SHARE THE PEACE OF THE LORD

ANNOUNCEMENTS

812 Come, Let Us Join Our Cheerful Songs



1 Come, let us join our cheer - ful songs With an - gels
2 "Wor - thy the Lamb that died," they cry, "To be ex -
3 Je - sus is wor - thy to re - ceive Hon - or and
4 Let all cre - a - tion join in one To bless the



round the throne; Ten thou - sand thou - sand
alt - ed thus!" "Wor - thy the Lamb," our
pow'r di - vine; And bless - ings more than
sa - cred name Of Him who sits up -



are their tongues, But all their joys are one.
lips re - ply, "For He was slain for us!"
we can give Be, Lord, for - ev - er Thine.
on the throne And to a - dore the Lamb.

Invocation, Confession, and Absolution

The sign of the cross may be made by all in remembrance of their Baptism.

P In the name of the Father and of the ✠ Son and of the Holy Spirit.

C Amen.

P If we say we have no sin, we deceive ourselves, and the truth is not in us.

C **But if we confess our sins, God, who is faithful and just, will forgive our sins and cleanse us from all unrighteousness.**

Silence for reflection on God's Word and for self-examination.

P Let us then confess our sins to God our Father.

C Most merciful God, we confess that we are by nature sinful and unclean. We have sinned against You in thought, word, and deed, by what we have done and by what we have left undone. We have not loved You with our whole heart; we have not loved our neighbors as ourselves. We justly deserve Your present and eternal punishment. For the sake of Your Son, Jesus Christ, have mercy on us. Forgive us, renew us, and lead us, so that we may delight in Your will and walk in Your ways to the glory of Your holy name. Amen.

P Almighty God in His mercy has given His Son to die for you and for His sake forgives you all your sins. As a called and ordained servant of Christ, and by His authority, I therefore forgive you all your sins in the name of the Father and of the ✠ Son and of the Holy Spirit.

C Amen.

Service of the Word

Introit

Psalm 84:1–4; antiphon: v. 5

Blessèd are those whose strength is | in you,*
in whose heart are the highways to | Zion.

How lovely is your | dwelling place,*
O | LORD of hosts!

My soul longs, yes, faints for the courts | of the LORD;*
my heart and flesh sing for joy to the | living God.

Even the sparrow finds a home, and the swallow a nest for herself, where she may
| lay her young,*

at your altars, O LORD of hosts, my King | and my God.

Blessèd are those who dwell | in your house,*
ever sing- | ing your praise!

Glory be to the Father and | to the Son*
and to the Holy | Spirit;

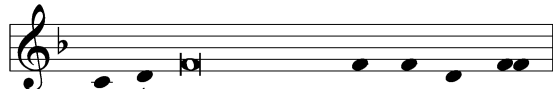
as it was in the be- | ginning,*

is now, and will be forever. | Amen.

Blessèd are those whose strength is | in you,*
in whose heart are the highways to | Zion.

Kyrie

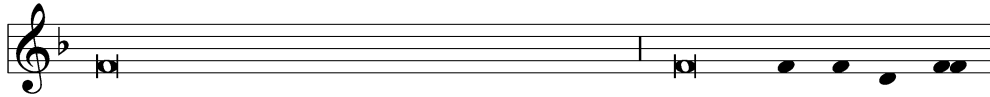
LSB 152



A In peace let us pray to the Lord.



C Lord, have mer - cy.



A For the peace from above and for our salvation let us pray to the Lord.



C Lord, have mer - cy.



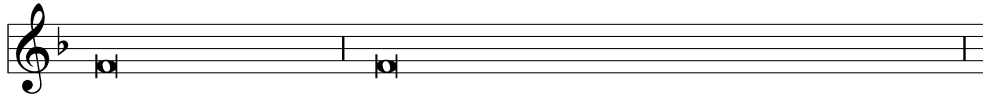
A For the peace of the whole world, for the well-being of the Church of God,



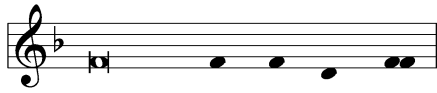
and for the unity of all let us pray to the Lord.



C Lord, have mer - cy.



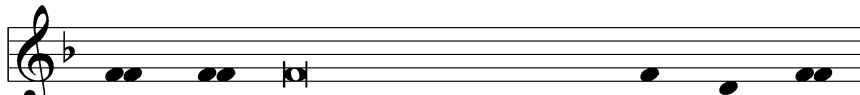
A For this holy house and for all who offer here their worship and praise



let us pray to the Lord.



C Lord, have mer - cy.



A Help, save, comfort, and defend us, gra - cious Lord.



C A - men.

Salutation and Collect of the Day



P The Lord be with you.



C And al - so with you.

P Let us pray.

O God, whose glory it is always to have mercy, be gracious to all who have gone astray from Your ways and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of Your Word; through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever.



C A - men.

Sit

Old Testament Reading

Exodus 17:1-7

¹All the congregation of the people of Israel moved on from the wilderness of Sin by stages, according to the commandment of the LORD, and camped at Rephidim, but there was no water for the people to drink. ²Therefore the people quarreled with Moses and said, “Give us water to drink.” And Moses said to them, “Why do you quarrel with me? Why do you test the LORD?” ³But the people thirsted there for water, and the people grumbled against Moses and said, “Why did you bring us up out of Egypt, to kill us and our children and our livestock with thirst?” ⁴So Moses cried to the LORD, “What shall I do with this people? They are almost ready to stone me.” ⁵And the LORD said to Moses, “Pass on before the people, taking with you some of the elders of Israel, and take in your hand the staff with which you struck the Nile, and go. ⁶Behold, I will stand before you there on the rock at Horeb, and you shall strike the rock, and water shall come out of it, and the people will drink.” And Moses did so, in the sight of the elders of Israel. ⁷And he called the name of the place Massah and Meribah, because of the quarreling of the people of Israel, and because they tested the LORD by saying, “Is the LORD among us or not?”

A This is the Word of the Lord.

C Thanks be to God.

Psalm

Psalm 95:1-9; antiphon: v. 6

¹Oh come, let us sing | to the LORD;*

let us make a joyful noise to the rock of our sal- | vation!

²**Let us come into his presence with thanks- | giving;***

let us make a joyful noise to him with | songs of praise!

³For the LORD is a | great God,*

and a great King a- | bove all gods.

⁵[Jesus] came to a town of Samaria called Sychar, near the field that Jacob had given to his son Joseph. ⁶Jacob's well was there; so Jesus, wearied as he was from his journey, was sitting beside the well. It was about the sixth hour.

⁷There came a woman of Samaria to draw water. Jesus said to her, "Give me a drink."⁸(For his disciples had gone away into the city to buy food.) ⁹The Samaritan woman said to him, "How is it that you, a Jew, ask for a drink from me, a woman of Samaria?" (For Jews have no dealings with Samaritans.) ¹⁰Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water."¹¹The woman said to him, "Sir, you have nothing to draw water with, and the well is deep. Where do you get that living water?" ¹²Are you greater than our father Jacob? He gave us the well and drank from it himself, as did his sons and his livestock."¹³Jesus said to her, "Everyone who drinks of this water will be thirsty again, ¹⁴but whoever drinks of the water that I will give him will never be thirsty forever. The water that I will give him will become in him a spring of water welling up to eternal life."¹⁵The woman said to him, "Sir, give me this water, so that I will not be thirsty or have to come here to draw water."

¹⁶Jesus said to her, "Go, call your husband, and come here."¹⁷The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; ¹⁸for you have had five husbands, and the one you now have is not your husband. What you have said is true."¹⁹The woman said to him, "Sir, I perceive that you are a prophet. ²⁰Our fathers worshiped on this mountain, but you say that in Jerusalem is the place where people ought to worship."²¹Jesus said to her, "Woman, believe me, the hour is coming when neither on this mountain nor in Jerusalem will you worship the Father. ²²You worship what you do not know; we worship what we know, for salvation is from the Jews. ²³But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father is seeking such people to worship him. ²⁴God is spirit, and those who worship him must worship in spirit and truth."²⁵The woman said to him, "I know that Messiah is coming (he who is called Christ). When he comes, he will tell us all things."²⁶Jesus said to her, "I who speak to you am he."

P This is the Gospel of the Lord.



C Praise to You, O Christ.

Sit

855 For All the Faithful Women



1 For all the faith-ful wom - en Who served in days of old,
2 Re - call the out - cast wom - an With whom the Lord con-versed;
3 O God, for saints and ser - vants, Those named and those un-known



To You shall thanks be giv - en; To all, their sto - ry told.
 Christ gave her liv - ing wa - ter To quench her deep - est thirst.
 In whom through all the a - ges Your light of glo - ry shone,



They served with strength and glad - ness In tasks Your wis - dom gave.
 Like hers, our hearts are yearn - ing; Christ of - fers us His Word.
 We of - fer glad thanks - giv - ing And fer - vent prayer we raise



To You their lives bore wit - ness, Pro - claimed Your pow'r to save.
 Then may our lips be burn - ing To wit - ness to our Lord.
 That, faith - ful in Your ser - vice, Our lives may sing Your praise.

Sermon

TITLE OF THE SERMON:
“IN SPIRIT AND IN TRUTH”

TEXT: John 4:5-26

DATE: 3-8-2026

LITURGICAL DAY: Third Sunday in Lent

HOLY COMMUNION POLICY:

Holy Communion is administered to Lutheran Church Missouri Synod members and LCMS guests who have been instructed, catechized and confirmed in the Lutheran faith.

If you are visiting, please speak to the Elder of the day, or to the Pastor about receiving the Sacrament of the Lord’s Supper.

ATTENDANCE AND COMMUNION REGISTRATION:

During the gathering of the Offerings, members and visitors please pick up the Attendance pad at the end of the pew, take out a white (member) or blue (visitor) sheet and pass the pad down the pew to the people sitting next to you.

Place the sheets in the baskets in the narthex as you leave. For visitors not receiving the communion elements, you are welcome to come to the communion rail to receive a blessing. Fold your arms across your chest for identification Thank you!

Stand

Nicene Creed

**☩ I believe in one God,
 the Father Almighty,
 maker of heaven and earth
 and of all things visible and invisible.**

**And in one Lord Jesus Christ,
 the only-begotten Son of God,
 begotten of His Father before all worlds,
 God of God, Light of Light,
 very God of very God,**

**begotten, not made,
being of one substance with the Father,
by whom all things were made;
who for us men and for our salvation came down from heaven
and was incarnate by the Holy Spirit of the virgin Mary
and was made man;
and was crucified also for us under Pontius Pilate.
He suffered and was buried.
And the third day He rose again according to the Scriptures
and ascended into heaven
and sits at the right hand of the Father.
And He will come again with glory to judge both the living and the dead,
whose kingdom will have no end.**

**And I believe in the Holy Spirit,
the Lord and giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son together is worshiped and glorified,
who spoke by the prophets.
And I believe in one holy Christian and apostolic Church,
I acknowledge one Baptism for the remission of sins,
and I look for the resurrection of the dead
and the life ✝ of the world to come. Amen.**

Prayers of the Church

Note: If you would like a prayer included in the Divine Service today, please fill out the form and hand it to the elder or usher at the beginning of the service. You may also call the church office, e-mail, or leave a message on the answering machine for special prayers.

PRAYERS OF THE CHURCH, SUNDAY, MARCH 8, 2026

In the Hospital OR Receiving Treatments OR Recuperating:

Ember Ward, Mike Knox, John Eisenbraun, Cheryl Wade,
Sally McNeil, Lief Stratmoen, David McDonald, James Coco, Jerri Hedrick, Nancy Hartman, Winona
Kocurek, Joe Waller

Other Needs We Pray for

- * Trinity Lutheran Church
- * Early Learning Center & Campus Ministry
- * Pray for the protection of the unborn
- * Pray for Rain

Military Service Members & their Families

Daniel Voges, Gabe Stecker, Mike Gobble, Alex Laffin,
Eli Wiley, and Calvin Ullman
Pray for peace for Syria, Israel, Palestine & Ukraine

Birthdays

June Wendte	3/8	Maeva Ullman	3/11
Paul Bushore	3/10	Suzanne Venk	3/11
Leilani Venter	3/10	Shandell Nash	3/14
Dodie Hunter		3/10	

Anniversaries

Years

Cliff & Beth Brown	3/9/2002	24
--------------------	----------	----

Remember the centrality of God’s Word as you pray in March

For the health and safety of LCMS missionaries who provide theological education, thanks that they have heeded the call to serve Christ in this way.

Sit
Offering

VOLUNTARY *“O Lord, Now Let Your Servant”* Wilbur Held

Stand
Offertory

LSB 159

What shall I ren-der to the Lord for all His ben-e-fits to
me? I will of - fer the sac-ri-fice of thanks-giv - ing and will
call on the name of the Lord. I will take the cup of sal-
va - tion and will call on the name of the Lord. I will pay my
vows to the Lord now in the pres-ence of all His peo-ple, in the
courts of the Lord’s house, in the midst of you, O Je - ru - sa - lem.

Service of the Sacrament

P The Lord be with you.

C And al - so with you.

P Lift up your hearts.

C We lift them to the Lord.

P Let us give thanks to the Lord our God.

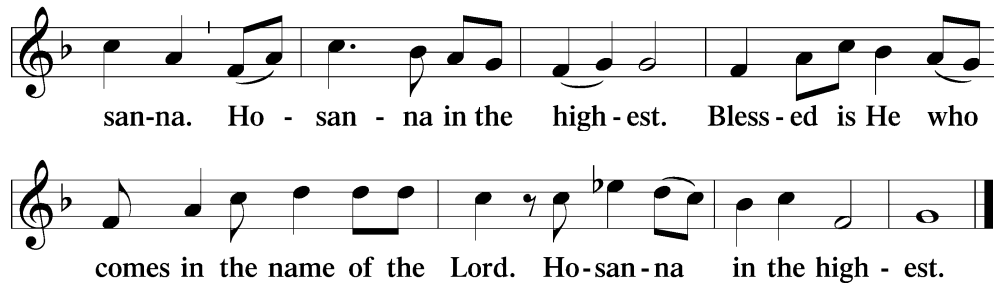
C It is right to give Him thanks and praise.

P It is truly good, right, and salutary that we should at all times and in all places give thanks to You, holy Lord, almighty Father, everlasting God, through Jesus Christ, our Lord, who overcame the assaults of the devil and gave His life as a ransom for many that with cleansed hearts we might be prepared joyfully to celebrate the paschal feast in sincerity and truth. Therefore with angels and archangels and with all the company of heaven we laud and magnify Your glorious name, evermore praising You and saying:

Sanctus

C Ho - ly, ho - ly, ho - ly Lord, God of pow'r and might:

Heav-en and earth are full of Your glo - ry. Ho - san-na. Ho -



Prayer of Thanksgiving

LSB 161

- P** Blessed are You, Lord of heaven and earth, for You have had mercy on those whom You created and sent Your only-begotten Son into our flesh to bear our sin and be our Savior. With repentant joy we receive the salvation accomplished for us by the all-availing sacrifice of His body and His blood on the cross.

Gathered in the name and the remembrance of Jesus, we beg You, O Lord, to forgive, renew, and strengthen us with Your Word and Spirit. Grant us faithfully to eat His body and drink His blood as He bids us do in His own testament. Gather us together, we pray, from the ends of the earth to celebrate with all the faithful the marriage feast of the Lamb in His kingdom, which has no end. Graciously receive our prayers; deliver and preserve us. To You alone, O Father, be all glory, honor, and worship, with the Son and the Holy Spirit, one God, now and forever.

- C** Amen.

Lord's Prayer

LSB 162

- P** Lord, remember us in Your kingdom and teach us to pray:

- C** **Our Father who art in heaven,**
hallowed be Thy name,
Thy kingdom come,
Thy will be done on earth
as it is in heaven;
give us this day our daily bread;
and forgive us our trespasses
as we forgive those
who trespass against us;
and lead us not into temptation,
but deliver us from evil.
For Thine is the kingdom
and the power and the glory
forever and ever. Amen.

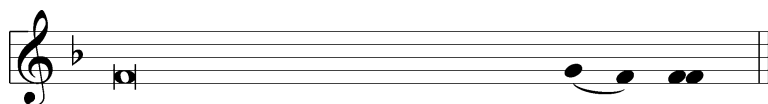
The Words of Our Lord

P Our Lord Jesus Christ, on the night when He was betrayed, took bread, and when He had given thanks, He broke it and gave it to the disciples and said: “Take, eat; this is My ✠ body, which is given for you. This do in remembrance of Me.”

In the same way also He took the cup after supper, and when He had given thanks, He gave it to them, saying: “Drink of it, all of you; this cup is the new testament in My ✠ blood, which is shed for you for the forgiveness of sins. This do, as often as you drink it, in remembrance of Me.”

Pax Domini

LSB 163



Take, drink; this is the true blood of our Lord and Savior Jesus Christ, shed for the forgiveness of your sins.

Amen.

In dismissing the communicants, the following is said:

P The body and blood of our Lord Jesus Christ strengthen and preserve you in body and soul to life everlasting. Depart ✠ in peace.

C Amen.

824 May God Bestow on Us His Grace

1 May God be - stow on us His grace, With bless - ings rich pro -
2 Thine o - ver all shall be the praise And thanks of ev - 'ry
△ 3 O let the peo - ple praise Thy worth, In all good works in -

vide us; And may the bright - ness of His face
na - tion; And all the world with joy shall raise
creas - ing; The land shall plen - teous fruit bring forth,

To life e - ter - nal guide us, That we His sav - ing
The voice of ex - ul - ta - tion. For Thou shalt judge the
Thy Word is rich in bless - ing. May God the Fa - ther,

health may know, His gra - cious will and plea - sure,
earth, O Lord, Nor suf - fer sin to flour - ish;
God the Son, And God the Spir - it bless us!

And al - so to the na - tions show Christ's rich - es with - out
Thy peo - ple's pas - ture is Thy Word Their souls to feed and
Let all the world praise Him a - lone, Let sol - emn awe pos -

mea - sure And un - to God con - vert them.
nour - ish, In righ - teous paths to keep them.
sess us. Now let our hearts say, "A - men!"

637 Draw Near and Take the Body of the Lord



1 Draw near and take the bod - y of the Lord,
 2 He who His saints in this world rules and shields,
 3 Come for - ward then with faith - ful hearts sin - cere,



And drink the ho - ly blood for you out - poured;
 To all be - liev - ers life e - ter - nal yields;
 And take the pledg - es of sal - va - tion here.



Of - fered was He for great - est and for least,
 With heav'n - ly bread He makes the hun - gry whole,
 O Lord, our hearts with grate - ful thanks en - dow



Him - self the vic - tim and Him - self the priest.
 Gives liv - ing wa - ters to the thirst - ing soul.
 As in this feast of love You bless us now.

609 Jesus Sinners Doth Receive



1 Je - sus sin - ners doth re - ceive; Oh, may all this
 2 We de - serve but grief and shame, Yet His words, rich
 3 Sheep that from the fold did stray No true shep - herd
 4 I, a sin - ner, come to Thee With a pen - i -



say - ing pon - der Who in sin's de - lu - sions live
 grace re - veal - ing, Par - don, peace, and life pro - claim;
 e'er for - sak - eth; Wea - ry souls that lost their way
 tent con - fes - sion. Sav - ior, mer - cy show to me;



And from God and heav - en wan - der! Here is hope for
 Here our ills have per - fect heal - ing. Firm - ly in these
 Christ, the Shep - herd, gent - ly tak - eth In His arms that
 Grant for all my sins re - mis - sion. Let these words my



all who grieve: Je - sus sin - ners doth re - ceive.
 words be - lieve: Je - sus sin - ners doth re - ceive.
 they may live: Je - sus sin - ners doth re - ceive.
 soul re - lieve: Je - sus sin - ners doth re - ceive.

5 Oh, how blest it is to know:
 Were as scarlet my transgression,
 It shall be as white as snow
 By Thy blood and bitter passion;
 For these words I now believe:
 Jesus sinners doth receive.

6 Now my conscience is at peace;
 From the Law I stand acquitted.
 Christ hath purchased my release
 And my ev'ry sin remitted.
 Naught remains my soul to grieve:
 Jesus sinners doth receive.

7 Jesus sinners doth receive;
 Also I have been forgiven;
 And when I this earth must leave,
 I shall find an open heaven.
 Dying, still to Him I cleave:
 Jesus sinners doth receive.

543 What Wondrous Love Is This



1 What won-drous love is this, O my soul, O my soul! What
 2 When I was sink-ing down, sink-ing down, sink-ing down, When
 3 To God and to the Lamb I will sing, I will sing; To
 4 And when from death I'm free, I'll sing on, I'll sing on; And



won-drous love is this, O my soul! What won-drous love is this That
 I was sink-ing down, sink-ing down, When I was sink-ing down Be -
 God and to the Lamb I will sing; To God and to the Lamb, Who
 when from death I'm free, I'll sing on. And when from death I'm free, I'll



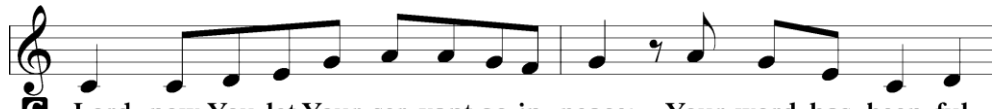
caused the Lord of bliss To bear the dread-ful curse for my
 neath God's righ-teous frown, Christ laid a-side His crown for my
 is the great I AM, While mil-lions join the theme, I will
 sing His love for me, And through e-ter-ni-ty I'll sing



soul, for my soul, To bear the dread-ful curse for my soul!
 soul, for my soul, Christ laid a - side His crown for my soul.
 sing, I will sing, While mil - lions join the theme, I will sing.
 on, I'll sing on, And through e - ter - ni - ty I'll sing on.

Nunc Dimittis

LSB 165



Lord, now You let Your ser-vant go in peace; Your word has been ful -



filled. My own eyes have seen the sal - va-tion which You have pre -



pared in the sight of ev - 'ry peo - ple: A light to re -



veal You to the na-tions and the glo-ry of Your peo-ple Is - ra - el.



Glo-ry be to the Fa-ther and to the Son and to the Ho-ly Spir-it;

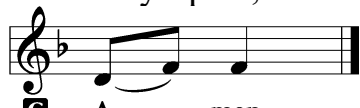


as it was in the be-gin-ning, is now, and will be for-ev-er. A - men.

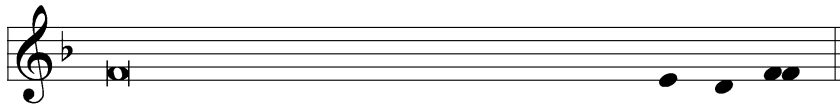
Post-Communion Collect

A Let us pray.

We give thanks to You, almighty God, that You have refreshed us through this salutary gift, and we implore You that of Your mercy You would strengthen us through the same in faith toward You and in fervent love toward one another; through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever.



C A - men.



P The Lord bless you and keep you.
 The Lord make His face shine on you
 and be gracious to you.
 The Lord look upon you with favor and ✠ give you peace.



A - men.

437 Alas! And Did My Savior Bleed



1 A - las! And did my Sav - ior bleed, And
 2 Was it for crimes that I had done He
 3 Well might the sun in dark - ness hide And
 4 Thus might I hide my blush - ing face While
 5 But drops of grief can ne'er re - pay The



did my sov - 'reign die? Would He de - vote that
 groaned up - on the tree? A - maz - ing pit - y,
 shut his glo - ries in When God, the might - y
 His dear cross ap - pears, Dis - solve my heart in
 debt of love I owe; Here, Lord, I give my -



sa - cred head For such a worm as I?
 grace un - known, And love be - yond de - gree!
 mak - er, died For His own crea - tures' sin.
 thank - ful - ness, And melt mine eyes to tears.
 self a - way: 'Tis all that I can do.

POSTLUDE

"Lord, King Above All Gods"

Timothy Schmidt